

Walking Soccer Rules of Competition

- 1. Modified field will be used. Goal area will be a semi-circle of 7 yards radius.
- 2. Size 4 Futsal Ball.
- 3. 7 a-side; can be reduced to equal number of players per side. This includes a goalie.
- 4. Sub on the fly, players may rotate through goalkeeper.
- 5. Shin guards optional. Players must not use equipment or wear anything that is dangerous to themselves or another player.
- 6. Honor system (No referee SCASA may be implemented at a later date).
- 7. Time will consist of 4 15 minute quarters with brief beak in between quarters. Teams will switch side at half time.
- 8. Opponents must be 3 yards from the ball at kick-off. Goals may be scored directly from kick-off.
- 9. No Offside.
- 10. All kicks are indirect.
- 11. No deliberate headers.
- 12. No slide tackling.
- 13. Field players may not enter the goal area.
- 14. Goalkeeper may not leave goal area; they must play the ball within 6 seconds. Goalkeeper may return the ball by either kicking or throwing it out underhand. No punting the ball. Goalkeeper may pick up the ball from a pass back.

- 15. Penalties: If a goalkeeper leaves, or a player enters the goal area and indirect free kick will be awarded to the opposing team.
- 16. No throw-ins. A kick in is taken from the place where the ball has crossed the touchline. Player taking kick in may not touch the ball a second time until it has touched another player. Defending players must be 3 yards from place where kick-in takes place. Goals may not be scored from a kick in.
- 17. Corner kick will be taken from line; goals may be scored from a corner kick.
- 18. Height Restriction: The ball must not exceed 6' high. Anything above 6' will result in the opposing team being awarded an indirect kick.
- 19. Walking Rule: Walking is defined as always having one foot in contact with the ground. An indirect free kick will be awarded for this infraction.
- 20. Players must have valid WSASA Player Card.

Approved SCASA Board Meeting 3-18-19

Rules subject to change as needed.